

# TIPS ON HOW TO MAKE YOUR SWIM SAFER

**WATCH OVER EACH OTHER**  
PUT AWAY YOUR MOBILE AND E-READER

**NEVER PUSH ANYONE IN THE WATER OR UNDERNEATH THE WATER**  
YOU DON'T KNOW IF THEY CAN SWIM

**NEVER LEAVE CHILDREN UNATTENDED NEXT TO THE WATER**  
CHILDREN CAN DROWN EVEN IN SMALL AMOUNTS OF WATER

**NEVER PUSH ANYONE IN THE WATER OR UNDER THE WATER**  
YOU DON'T KNOW IF THEY CAN SWIM

**DO NOT PLAY WITH THE LIFEBOUYS OR OTHER RESCUE EQUIPMENT**  
THEY MAY SUDDENLY BE NEEDED

**DO NOT JUMP OR DIVE ON UNKNOWN WATERS**

**NEVER SWIM IN UNDERNEATH DOCKS OR TRAMPOLINS**  
YOU CAN GET STUCK OR INJURE YOURSELF

**MAKE SURE THAT INFLATABLE TOYS ARE KEPT NEAR THE BEACH**  
NOT OUT ON THE OPEN WATER



## IMPORTANT TELEPHONE NUMBERS

EMERGENCY 112

Medical advice 11 77

SOS International 0045 70 105050



Svenska  
Livräddningssällskapet

